



Idaho HOSA
Advisor Guide
2024 - 2025

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State Office Contact Information

For questions or inquiries about Idaho HOSA, please contact one of the following:



Gina Lyman
HOSA State Advisor
Student Leadership Manager
(208) 429-5553
Gina.Lyman@cte.idaho.gov



Sydney Ledesma
Administrative Support, Student Leadership
(208) 429-5536
sydney.ledesma@cte.idaho.gov



2024-2025 Idaho HOSA State Officers

For chapter questions or inquiries, please contact your regional state officer:

Officer Name	Officer Position	Officer Email
Jentri Van Ackern	President	jvanackern@idahohosa.org
Alexis Black	PS President	ablack@idahohosa.org
Emily Davis	President Elect	edavis@idahohosa.org
Katherine Kim	V.P. Region I & II	kkim@idahohosa.org
Sophia Francis	V.P. Region III	sfrancis@idahohosa.org
Aiden Ward	V.P. Region IV	award@idahohosa.org
Noor Abdulkareem	V.P. Region V&VI	nabdulkareem@idahohosa.org

The HOSA Creed

I BELIEVE in the Health Care Profession.

I BELIEVE in the profession for which I am being trained; and in the opportunities, which my training offers. I BELIEVE in education.

I BELIEVE that through education, I will be able to make the greatest use of my skills, knowledge, and experience in order to become a contributing member of the healthcare team and of my community.

I BELIEVE in myself.

I BELIEVE that by using the knowledge and skills of my profession, I will become more aware of myself. By fulfilling these goals, I will become a more responsible citizen. I BELIEVE that each individual is important in his or her own right; therefore, I will treat each person with respect and love.

To this end, I dedicate my training, my skills, and myself to serving others through HOSA.

The HOSA Mission Statement

The mission of Idaho HOSA is to enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skill and leadership development of all health science education students, therefore, helping the student meet the needs of the health care community.

HOSA Program Goals

The goals that HOSA believes are vital to each member are:

- To promote physical, mental, and social well-being.
- To develop effective leadership qualities and skills.
- To develop the ability to communicate more effectively with people.
- To develop character.
- To develop responsible citizenship traits.
- To understand the importance of pleasing oneself as well as being of service to others.
- To build self-confidence and pride in one's work.
- To make realistic career choices and seek successful employment in the health care field.
- To develop an understanding of the importance of interacting and cooperating with other students and organizations.
- To encourage individual and group achievement.
- To develop an understanding of current healthcare issues, environmental concerns, and survival needs of the community, the nation, and the world.
- To encourage involvement in local, state, and national health care and education projects.
- To support Health Science Education instructional objectives.
- To promote career opportunities in health care.

New This Year 2024-2025

- Updated events students can participate in. See event list on page 16.
- Link to summary of [updates](#)

CALENDAR OF EVENTS



2024-2025

AUG.	1	BASIC Registration Opens All 3 Locations
		Washington Leadership Academy Registration Opens hosa.org/wla
SEPT.	6	BASIC Registration Closes Wahooz Galaxy Event Center
	16	BASIC Western Region Wahooz Galaxy Event Center
	30	Registration Closes Idaho Falls/Coeur d'Alene
	27-30	Washington Leadership Academy Washington D.C.
OCT.	8	BASIC Eastern Region Idaho Falls, ID
	15	BASIC Northern Region Coeur d'Alene, ID
NOV.	1	Early Membership Affiliation Deadline Submit by Nov. 1 for exclusive swag
	4-8	HOSA Week
DEC.	16	State Leadership Conference (SLC) Registration Opens Scholarship Application/State Officer Application Opens State Leadership Conference Q&A
JAN.	17	State Leadership Conference Registration Closes
	27	State Leadership Conference Online Testing Opens
	TBD	Regional Events
FEB.		#CTEMONTH
	TBD	ILC Hotel Block and Registration Opens
	7	State Leadership Conference Online Testing Closes State Officer Applications Deadline at 5pm HOSA Scholarship Application Deadline at 5pm HOSA CMS Submissions Due at 5pm
	12	CTE Showcase Idaho State Capital
MAR.	5-7	State Leadership Conference Pocatello, ID Idaho State University
	31	International Leadership Conference (ILC) Qualifier Commitment Deadline
MAY	15	ILC Registration Closes ILC HOSA CMS Submissions Deadline
JUNE	18-21	International Leadership Conference Nashville, TN Gaylord Opryland Convention Center

HOSA Affiliation Information

STEP ONE:

In order to use HOSA's Affiliation System, you must have your chapter's charter number and password. If you are a new chapter or you do not know your chapter's charter number or password, contact your state advisor or HOSA Headquarters.

STEP TWO:

Go to the HOSA website at www.hosa.org and click on Login at the top right of the home page. Log in as a Local Advisor using your charter number and password.

STEP THREE:

From the main menu, be sure to review the affiliation instructions especially if you are unfamiliar with the online affiliation system. Click Complete the Affiliation Application to begin the chapter affiliation process. Ensure all chapter information is correct including the billing and demographic information. For returning HOSA members, you can re-affiliate these members without re-entering their information. For all new members, please enter the member's name, demographic, and contact information.

2024-25 Chapter Affiliation Dues for Idaho

<i>State Dues:</i>	\$10.00
<i>National Dues:</i>	\$10.00
TOTAL:	\$20.00

hosa DRESS CODE POLICY

Delegates are required to wear either the Official HOSA Uniform, or the Suit Option to all General Sessions.

GENERAL SESSIONS

OFFICIAL HOSA UNIFORM

- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue or black shoes (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



SUIT OPTION

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice)
- Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



COMPETITIVE EVENTS

Delegates must adhere to the policy as specified in the individual competitive event guidelines for the orientation and event in which they are competing.

If the competitive event guidelines identify business attire is appropriate, any of the following dress is acceptable (color is not specified for clothing or shoes for competition):
(closed-toe; open-toe; heeled sandals are permitted)



Official HOSA Uniform



Business Attire

- Shirts
- Skirts
- Dresses
- Jackets
- Sports Jackets
- Pants

Note: Shorts and flip-flops are not acceptable HOSA competitive event attire.

If the competitive event guidelines identify clinical uniform or attire appropriate to the occupational area for skill events, the following dress is acceptable (scrubs can be of any color/design, with or without a HOSA emblem):



Medical Scrubs

- Scrubs
- Clinical shoes or tennis shoes



Polo & Khakis

- Khaki pants with polo top

EVENT-SPECIFIC DRESS CODE

Please see HOSA website at hosa.org/guidelines for events and their specific dress code.

HEALTH PROFESSIONS EVENTS

Examples of health professions appropriate attire are pictured below.



CERT SKILLS



EMT



SPORTS MEDICINE

Competitors shall wear proper business attire or official HOSA uniform, or attire appropriate to the occupational area, during the orientation, written test and skill(s) – jeans and shorts are not acceptable. *Bonus points will be awarded for proper dress.*

HEALTH SCIENCE EVENTS || EMERGENCY PREPAREDNESS EVENTS || LEADERSHIP EVENTS || TEAMWORK EVENTS || RECOGNITION || NATIONAL GEOGRAPHIC LEARNING ACADEMIC TESTING CENTER

Competitors must be in official HOSA uniform or in proper business attire. *Bonus points will be awarded for proper dress.*

EXTEMPORANEOUS HEALTH POSTER

Competitors must be in official HOSA uniform, proper business attire, medical scrubs, or polo and khakis. *Bonus points will be awarded for proper dress.*

FORENSIC SCIENCE

Competitors shall wear the HOSA uniform, proper business attire, medical scrubs, or polo and khakis. *Bonus points will be awarded in both rounds for proper dress. All team members must be properly dressed to receive bonus points.*

HOSA Dress Code Written Policy...

HOSA's Official Dress Code Policy Updated August 2022

HOSA's dress code policy has different areas of emphasis: general session dress; competitive events dress, and official function dress (workshops, HOSA expo, and social activities).

<https://hosa.org/appendices/>

General Session Dress (REQUIRED):

HOSA's Official Uniform Policy

- Tailored navy blazer with emblem affixed over the heart.
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue or black (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural traditions are allowed.

OR,

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice)
 - Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural traditions are allowed.

Competitive Events Dress:

Delegates must adhere to the policy as specified in the individual competitive event guidelines for the orientation and event in which they are competing.

If the competitive event guidelines identify **business attire** is appropriate, competitors can either wear the official HOSA uniform or any of the following dresses is acceptable (the color is not specified for clothing or shoes for competition):

- | | |
|-----------------------------|--|
| • Suit | • Shirts |
| • Sports Jackets | • Skirts |
| • Pants | • Dresses |
| • Jackets | • Shoes (closed-toe; open-toe; heeled sandals are permitted) |
| • Or, Official HOSA Uniform | |

If the competitive event guidelines identify **clinical uniform or attire appropriate to the occupational area for skill events**, the following dress is acceptable (can be of any color/design, with or without a HOSA emblem):

- | | |
|---|--|
| • Scrubs, EMS attire, CERT attire | • Clinical shoes or tennis shoes |
| • Khaki-style Pants with Polo-style Top | • Note: Shorts and flip-flops are not acceptable HOSA clinical attire. |

HOSA Dress Code Policy Continued...

Process for Awarding Competitive Event Dress Bonus Points:

- For all competitive events, five (5) bonus points will be added in tabulations once per competitor and/or team for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines.
- At the ILC, dress bonus points are awarded unless a dress violation is agreed upon by the Event Manager and a member of the HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section Summary form, and signed by a member of the CE Program staff.
- Judges are NOT responsible for the awarding of dress bonus points; this is handled by competitive event personnel.

Competitive Events Dress Tips:

No policy can possibly cover all contingencies so HOSA members must use a certain amount of judgment in their choice of clothing to wear for the HOSA competition. HOSA members who experience an uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor.

Unacceptable clothing for competition (but not limited to):

- Casual tank crop or tube top
- T-Shirts
- Sweat pants/shirt
- Shorts, "capri pants", and other short pants (dress pants are acceptable)
- Denim clothing or canvas shoes
- Denim pants in Colors other
- Blue jeans/skirts and dresses
- Revealing clothing i.e., excessive cleavage, back chest, stomach, undergarments, etc.
- Torn, dirty, or frayed clothing
- Clothing that has obscene or suggestive printing or pictures that be offensive
- Flip-flops and thong sandals, shoes that are flat, backless, made of rubber or leather, plain or embellished with beads, etc., consisting of a flat sole held loosely on the foot by a Y-shaped strap, like a thin thong, that passes between the first (big) and second toes and around either side of the foot

Note about HOSA's Dress Code Policy:

- Headcovers that are required for religious purposes or to honor cultural traditions are allowed.
- A competitor should dress appropriately, based on the dress standards outlined for the gender to which they identify.

Official Function Dress (Workshops, HOSA Expo and Social Activities):

Appropriate business attire is required for official functions including the HOSA Expo and workshops in conjunction with the ILC. Social activities dress code will include everything EXCEPT: athletic clothing, swimwear, sheer or mesh clothing, tank tops, muscle shirts, crop tops, and clothing with obscene or suggestive printing. Shirt straps must be two inches wide and the length of shorts and skirts must be at a minimum to the fingertip.

HOSA SLC Advisor Code of Conduct

Advisor Code of Conduct

- 1) Idaho HOSA Advisors project a positive and professional image of Health Professions Education and Idaho HOSA to all those with whom they interact.
- 2) Idaho HOSA Advisors promote Idaho HOSA as a positive student experience; therefore, will act as a positive role model for students. This will be portrayed and not limited to the way they dress, tone of voice, attitude, actions, and demeanor.
- 3) Idaho HOSA Advisors are first in line to ensure that their Student Delegates are dressed in appropriate HOSA attire (see pages 8-9) and are practicing professional etiquette and behavior.
- 4) Idaho HOSA Advisors are accountable to and for their students during all Idaho HOSA-related activities.
- 5) Idaho HOSA Advisors will notify the State Advisor Gina Lyman, of any accidents or injuries of Student Delegates, Advisors, Chaperones, or Guests that take place during Idaho HOSA activities or conferences.
- 6) Idaho HOSA Advisors understand and follow established processes within the organization that protect the rights of all members.

Idaho HOSA advisors are proud of the standards of excellence they maintain for themselves and their students. Attendance of any Idaho HOSA function implies acceptance and practice of these standards.

I HAVE READ THE ABOVE CODE OF ETHICS FOR IDAHO HOSA ADVISORS AND AGREE TO ACCEPT AND PRACTICE THESE STANDARDS.

Signature: _____ Date: _____

High School / HOSA Chapter: _____ Date: _____

NOTE: Please submit this form electronically (found at: <http://www.idahohosa.org/advisor-resources/>), along with forms for all chapter members attending the 2025 SLC to Sydney Ledesma (sydney.ledesma@cte.idaho.gov) by **February 14, 2025**.

Additionally, please make sure to bring a hard copy of all conduct forms with you to the conference.

HOSA SLC Member Code of Conduct

Code of Conduct Form must be completed and given to the Chapter Advisors, who must keep a copy on hand at all times during the conference. All chapter Code of Conduct Forms will be submitted electronically to [Sydney Ledesma](#) by February 14, 2025.

A good reputation enables members to take pride in their organization. IDAHO HOSA members have an excellent reputation. Your conduct at any IDAHO HOSA function should make a positive contribution to the reputation that has been established.

- 1) Your behavior at all times should be such that it reflects credit to you, your school/college, your state, and IDAHO HOSA.
- 2) The general session should be enthusiastic but we must be courteous to those in the audience or on stage. It is important to remain seated and in attendance until the end of the session. Students who do not adhere to the general session protocol will be asked to leave the conference.
- 3) You are expected to attend all general sessions and other scheduled conference activities. Please be prompt and show respect to the audience and those on stage.
- 4) Student delegates are to abide by the SLC Attire Policy at all business sessions, general sessions, competitive events, and other conference activities. Please refer to the Dress Code Policy on pages 8-10. Student Delegates not adhering to the dress policy during the conference will NOT be admitted.
- 5) School tags, state badges, or IDs must be removed or completely covered during the competition.
- 6) Student Delegates are to report any accidents, injuries, or illness to their local or state advisor immediately.
- 7) Students Delegates shall keep their advisors informed of their activities and whereabouts at all times. (Idaho HOSA Conference Name Badges shall be worn at all times.)
- 8) Student Delegates are to observe the designated curfew. (Curfew means being in your assigned hotel room by the designated hour)
- 9) If a Student Delegate is responsible for stealing, damage to property, or vandalism, the student and his/her parents will be expected to any all-damage costs.
- 10) Any participants at the HOSA State Leadership Conference may not purchase, consume, possess, or be under the influence of alcohol or drugs at any time. Violators will be subject to disciplinary action.
- 11) No weapons of any sort will be allowed in the student's possession, room, transportation, or luggage.
- 12) Smoking, vaping, or possession of any tobacco products is prohibited at the conference and at offsite, conference-related activities.

Student Delegates who disregard the rules will be subject to disciplinary action and will be sent home at their own expense. Parents will be notified. By signing below, you confirm that you have read the above Code of Conduct for IDAHO HOSA Conferences and agree to abide by these rules.

Print Name of Student

Student Delegate Signature

Date

Print Name of Parent/Guardian

Parent/Guardian Signature

Date

(Required for student delegates under the age of 18)

HOSA SLC Medical Liability Release Form

Due to legal restrictions, it is necessary that all student delegates, parent/guardians, guests and IDAHO HOSA Advisors complete this form to be eligible to attend any Idaho HOSA State Leadership Conference. This form should be completed and a copy submitted to the advisor. **Medical Release Forms need to be kept with the advisor at all times during the conference.**

PLEASE TYPE OR PRINT ALL INFORMATION

Participant Name:			Guardian Name:										
Address:													
Parent Phone:	<i>Cell:</i>	<i>Work:</i>		<i>Home:</i>									
Alternate Contact			Phone										
Personal Physician:			Phone										
Physician Address:													
Local Advisor:			School Name										
Student covered by medical insurance? (Please check one):	<input type="checkbox"/> Yes		<input type="checkbox"/> No										
Name of Insured			Insurance Company										
Group #			Policy #										
<p>Please check and describe any medical condition which may recur or be a factor in medical treatment:</p> <table border="0"> <tr> <td><input type="checkbox"/> Allergies:</td> <td><input type="checkbox"/> Convulsions:</td> </tr> <tr> <td><input type="checkbox"/> Blackouts:</td> <td><input type="checkbox"/> Heart/Lung problems:</td> </tr> <tr> <td><input type="checkbox"/> Physical Handicap:</td> <td><input type="checkbox"/> Medicine Reactions:</td> </tr> <tr> <td><input type="checkbox"/> Disease of any kind:</td> <td><input type="checkbox"/> Other:</td> </tr> </table> <p>If currently taking any medication, please provide the following information:</p> <p>Medication(s) _____</p>						<input type="checkbox"/> Allergies:	<input type="checkbox"/> Convulsions:	<input type="checkbox"/> Blackouts:	<input type="checkbox"/> Heart/Lung problems:	<input type="checkbox"/> Physical Handicap:	<input type="checkbox"/> Medicine Reactions:	<input type="checkbox"/> Disease of any kind:	<input type="checkbox"/> Other:
<input type="checkbox"/> Allergies:	<input type="checkbox"/> Convulsions:												
<input type="checkbox"/> Blackouts:	<input type="checkbox"/> Heart/Lung problems:												
<input type="checkbox"/> Physical Handicap:	<input type="checkbox"/> Medicine Reactions:												
<input type="checkbox"/> Disease of any kind:	<input type="checkbox"/> Other:												
<p>Liability Release: <i>I certify that the information described above is accurate and complete to the best of my knowledge. I understand that each individual is responsible for his/her own insurance coverage during this conference. I hereby release IDAHO HOSA Board of Directors, State and Local Chapter Advisors, Idaho Career & Technical Education, and any designated individual in charge of the HOSA chapter group or specific activity from any legal or financial responsibility with respect to my personal or my student delegate's/child's participation in or contact with any known element associated with an activity including competitive events.</i></p>													
<p>Parent/Guardian/Participant: Please check one of the following and sign your name:</p> <p><input type="checkbox"/> I give permission for immediate medical treatment as required in the judgment of the attending physician.</p> <p><input type="checkbox"/> I do NOT give permission for medical treatment until I have been contacted.</p>													

Parent/Guardian/Participant Signature: _____ **Date:** _____
 (Required for student delegates under the age of 18)

Student's Signature: _____ **Date:** _____

Advisor's Signature: _____ **Date:** _____

HOSA CMS Digital Upload System Instructions

HOSA Competitive Events Instructions

Members participating in the following competitive events at the SLC and ILC are required to create a profile and submit materials through the HOSA CMS Digital Upload System.

Clinical Specialty (Portfolio)

Community Awareness (Portfolio by one Team Member)

Emotional Well-Being Challenge (Cover page, summary of Evaluation Plan/Tool, and URL to video presentation)

Exploring Medicine Physician (exhibit plan by one team member)

Family Medicine Physician (Interview Verification Form)

Health Care Display (display plan by one team member)

Health Career Photography (Portfolio)

Health Education (Portfolio by one team member)

Interviewing Skills (Personal Statement and Resume)

Job Seeking Skills (Personal Statement and Resume)

Medical Innovation (exhibit plan by one team member)

Mental Health Promotion (Reference pages, Completed Mental Health Consultation Form, and Digital File/Link to the Social Media Campaign by one team member)

MRC Partnership (Portfolio by one team member)

Public Health ('Trailer' video by one team member)

Public Service Announcement (PSA Link, Airdate Form, Copyright Form, Brain Health Course Completion Forms and reference pages)

Researched Persuasive Writing and Speaking (Paper)

Research Paper (Poster)

**IS, LSS, PC, and SS are only required to upload their student eligibility forms.*

**MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA).*

Step-by-step guide for chapter advisors on how to use the Digital Upload System

- 1. Login to Chapter Account:** Access the system using your chapter credentials and log in to your chapter account at <https://apps.hosa.org>
- 2. Conference Registration:** On the dashboard, find and click on the tile for conference you are registering students for.
- 3. Student Registration:** Proceed to register your students for the events as usual. If a student has signed up for an event that requires an upload, you'll notice an "Upload" link associated with that event.
- 4. Access Upload Link:** For students signed up for events with upload requirements, you will see an "Upload" link with a blue box next to it.
- 5. Email Link to Student (if needed):** In case a student hasn't received the upload email, you can click on the blue copy box next to the link. Paste this into an email and send it to the student so they can access the upload page.
- 6. Student Upload:** Once the student accesses the link, they'll have the ability to upload the required documents. Make sure they note the deadline date for uploads.

7. Select and Save File: The student will select the file they want to upload and then click the "Save" button.

8. View Attached File: After saving, the student will be able to see the attached file associated with their event.

9. Upload Tracking: As the chapter advisor, you'll have the ability to view how many uploads each student has completed. This information will be available on your dashboard.

10. Check Uploaded Files: You can click on the upload link associated with each student to view the uploaded files.

11. Team Event Guidelines: For team events, remember that only one team member should upload a file for the entire team. It's your responsibility to ensure there's only one upload per team.

12. Judge Visibility: Ensuring a single upload per team ensures that judges will only see one product from each team during evaluation. By following these steps, you'll effectively manage the upload digital system, facilitate student uploads, and ensure adherence to team event guidelines for fair judging.

Link to [pictorial instructions](#).

Idaho HOSA SLC 2025 Events

Students may register for ANY Recognition Events, ATC Exams, or workshops:

HOSA Students may register for one (1) of the following Online Only Events:

Recognition Events

ABC - American Blood Centers & HOSA Blood Drive †
 ARC - American Red Cross Volunteerism †
 ATC - ATC Exams
 BJSA - Barbara James Service Award †
 EWBC - Emotional Well-Being Challenge ‡
 HCEI - Healthcare Issues Exam §
 HH - HOSA Happenings ‡
 HLA - Healthy Literacy Ambassador **NEW**
 NS - HOSA Service Project
 OHL - Outstanding HOSA Leader

Online Only Events: Online Testing Jan. 27-Feb 7, 2025

BH - Behavioral Health §
 DT - Dental Terminology §
 EP - Epidemiology §
 EW - Extemporaneous Writing §
 HI - Health Informatics §
 HGD - Human Growth & Development §
 MLE - Medical Law & Ethics §
 MM - Medical Math §
 MR - Medical Reading §
 MT - Medical Terminology §
 NUT - Nutrition §
 PAT - Pathology §
 PHA - Pharmacology §
 OT - Occupational Therapy §
 WHD - World Health Disparities in Healthcare §

And students may register for one (1) of the following in person events (these events may also have an online Rd1)

Events with HOSA Upload System Submissions Due

Feb. 7 In Person

CA - Community Awareness ‡
 CS - Clinical Specialty ‡
 FMP - Family Medical Physician ‡
 HCD - Health Career Display ‡
 HCP - Healthcare Photography ‡
 HE - Health Education ‡
 IS/JSS - Interviewing Skills/ Job Seeking Skills ‡
 MH - Medical Health Promotion ‡
 MI - Medical Innovation ‡
 MRC - Medical Reserve Corps Partnership ‡
 PH - Public Health (**Topic: Our Epidemic of Loneliness and Isolation: Social Disconnection- A Public Health Concern**) ‡
 PSA - Public Service Announcement ‡
 RPS - Researched Persuasive Writing and Speaking (**Topic: Should GLP-1 Agonists have open access to anyone who wishes to use it?**) ‡
 RP - Research Poster ‡

Events with all rounds in person

PS/SS - Prepare Speaking/ Speaking Skills (**Topic: Powered by People**) *
 RT - Respiratory Therapy

Events with round one qualifer (online) Jan 27-Feb 7

Top Qualifiers move to round two

In Person

BD - Biomedical Debate (**Topic: The government should regulate social media use for people under age 18.**)
 BT - Biotechnology
 CERT - CERT Skills
 CL - Clinical Laboratory Science
 CN - Clinical Nursing
 CPR - CPR / First Aid
 CPS - Creative Problem Solving
 DS - Dental Science
 EMT - Emergency Medical Technician
 FS - Forensic Science
 HB - HOSA Bowl
 HHA - Home Health Aide
 HL - Healthy Living
 LSS - Life Support SKills *
 MA - Medical Assisting
 MS - Medical Spelling
 NA - Nursing Assistant
 PC - Personal Care *
 PHL - Phlebotomy
 PP - Parlimentary Procedure
 PT - Physicl Therapy
 RX - Pharmacy Science
 SM - Sports Medicine
 VS - Vetrinary Science

#HOSA Upload System

† Must register for hours on the HOSA Activity Tracking System Website.

§ Online ONLY: testing dates are Jan. 27 - Feb. 7.

*Only for students classified under the Federal regulation, Individuals

with Disabilities Education Act of 1997-Amended IDEA. A special needs

Student Eligibility Form is included in the guidelines and must be uploaded to HOSA.

Idaho HOSA SLC 2025 Events MS

Students may register for ANY Recognition Events, ATC Exams, or workshops:

HOSA Students may register for one (1) of the following Online Only Events:

Recognition Events

- ABC - America's Blood Centers & HOSA Blood Drive ※
- BJSA - Barbara James Service Award ※
- EWBC - Emotional Well-Being Challenge ※
- HH - HOSA Happenings ※
- HLA - Health Literacy Ambassador ※
- HS - HOSA Service Project ※

Online Only Events: Online Testing Jan. 27-Feb 7, 2025

- M-MR - Foundations of Medical Reading ※
- M-MT - Foundations of Medical Terminology ※
- M-NUT - Foundational Nutrition ※
- M-HCE - Health Career Exploration ※
- M-MHC - Math for Health Careers ※

And students may register for one (1) of the following in person events (these events may also have an online Rd1)

Events with HOSA Upload System Submissions Due

Feb. 7 In Person

- HE - Health Education ※

Events with round one qualifer (online) Jan 27-Feb 7

Top Qualifiers move to round two

In Person

- M-DD - Dynamic Decisions ※
- M-LTS - Life Threatening Situations ※

Events with all rounds in person

- HCP - Health Career Preparation ※
- PS - Prepared Speaking (**Topic: Powered by the People**) ※

#HOSA Upload System

† Must register for hours on the HOSA Activity Tracking System Website.

§ Online ONLY: testing dates are Jan. 27 - Feb. 7.

*Only for students classified under the Federal regulation, Individuals

with Disabilities Education Act of 1997-Amended IDEA. A special needs

Student Eligibility Form is included in the guidelines and must be uploaded to HOSA.

HOSA Competitive Events Update: 2024-2025

This update summarizes most major changes to the event guidelines but is not an all-inclusive list. Changes to both the rating sheets and rules are made every year for consistency and clarity. Full event guidelines should be printed new from HOSA.org every September. To view a short video presentation about these changes, visit: <https://hosa.org/ceusefultools/>

HOSA Competitive Events: FAQ

Is a photo ID required for check-in for tests or events at SLC?

- Yes! At HOSA SLC we **DO** require a photo ID to check in for each round of competition. You will also need to provide a photo ID at ILC. Keep in mind that SLC is preparation for ILC, so please make sure you are prepared.

Where can I find my HOSA Competitive Event Guidelines?

- Visit HOSA.org and hover your mouse over the **COMPETITION** header, then click on the **GUIDELINES** menu. Select the event for the guidelines that you need, and a separate tab will open where you can read, download, or print to your preference.

What should I bring with me to my SLC events?

- Each event requires different materials, please read your specific event guidelines *thoroughly!* Each event guideline has a box titled “**Competitors Must Provide:**” and lists each item that YOU as a student competitor are responsible for providing. Please make sure to bring all listed materials to avoid disqualification and ensure participation.

Do we need to bring our event guidelines to the event orientation?

- No, event guidelines will no longer need to be shown at event orientation.

Our chapter members were placed in Clinical Specialty and Researched Persuasive Writing and Speaking at the Regional level. Can they change their event materials before the state competition?

- Yes. There are no rules that prevent individual or team competitors from changing their event materials from one level to the next. International competitors in Clinical Specialty, Researched Persuasive Writing and Speaking, and other HOSA events, can change or revise their papers, speeches, and videos. Be sure to follow your guidelines and meet deadlines for events.

How can I find out what to study for the test?

- The event guidelines contain a test plan, a list of resources, and links to those resources to which you can refer. Since the test questions are taken directly from the listed resources, you will do fine if you follow this advice.

HOSA Competitive Events: FAQ Continued

Are there practice tests available for any of the tests?

- There are no practice tests available for any of the HOSA events. HOSA members who are successful on any HOSA test have spent hours and hours studying the recommended text resource AND have a sound general understanding of the concepts to be measured on the test. It helps to pay attention to the test plan in the guidelines so you will know where to focus your attention. HOSA has provided sample test questions in the guidelines to familiarize the competitor with the types of questions asked.

Will the Health Professions events at the State Conference be the written test or the skills?

- In Health Professions events, Round 1 consists of an online test which is open from January 27th -February 7th. Top qualifiers of online testing proceed to Round 2 skills events, which usually involves 1-3 skills, at the State Leadership Conference.

Are there any practice lists for HOSA Bowl?

- The key to success in this event is learning as much as possible about the topics (medical terminology, HOSA facts, parliamentary procedure, and medical history) and then lots of practice. The format of the questions is listed in your event guidelines to assist you with studying.

**** Can't afford so many textbooks? One school made a very specific list of what books they needed and then found the ordering information on the Event Resources section of the HOSA website. Those lists were sent home, and in 3 weeks, every single book on the list had been donated by parents who saw this as a simple way to make a big contribution. Does your school have a library? Ask the librarian if they can order the resources for the library, so all students can have access to the resource. Did you also know that you can rent textbooks or purchase books by the chapter? Some publishers have this option. In addition, F.A. Davis and Brady Books publishers offer a discounted price for HOSA members. Check out the Event Resources page on the HOSA website.**

Idaho HOSA State Officer Eligibility

1. Officer candidates should be mature and demonstrate responsibility and leadership qualities.
2. A candidate must be an active and paid affiliated member with their local chapter, who is in good standing with Idaho HOSA and National HOSA.
3. It is recommended that a candidate be a HOSA chapter officer, but this is not required.
4. Each chapter is encouraged to submit qualified candidates. Candidates must be current high school sophomores, juniors, or seniors HOSA members in good standing. There is no limit to the number of candidates that may be submitted from any one chapter.
5. A candidate must have a cumulative GPA of 3.0 or higher.
6. It is the candidate's responsibility to have all forms completed and submitted by February 7, 2025.
7. This application and all necessary forms must be **UPLOADED** before the February 7, 2025 deadline. Candidates **MUST** have a complete application to be considered for a position. **Type** the application and **save a copy for your records**.
8. As part of this position, State Officers travel to meetings and conferences within the state of Idaho, and to the International Leadership Conference. Idaho HOSA does maintain insurance/liability coverage for State Officer travel and members while traveling to or from meetings, conferences, or other matters sponsored by Idaho HOSA.

Idaho HOSA State Officer Costs

The table below reflects materials required during a term served as an Idaho HOSA State Officer, and which of those items both Idaho HOSA and the state officer, respectively, will be responsible for providing:

State Officer Costs					
Item	Student Responsibility	Idaho HOSA Responsibility	Item	Student Responsibility	Idaho HOSA Responsibility
Official Attire	<i>Pants or Skirt</i>	<i>Jacket, Shirt or Blouse, Tie, Badge, Pins</i>	Internet Service & Equipment	XX	
Officer Polos		Two (2) Polos per Officer	Conference Registrations		XX
Officer Name Tags		One (1) nametag			

